# The Fundamentals of Hospice Palliative Care

Fundamentals Core Curriculum:

An 8-week program comprised of 3 classroom sessions, independent reading and online learning

Introductory, Multi-Disciplinary
Hospice Palliative Care Education
Recommended for ALL healthcare providers

Two Winter 2020 Course Offerings: \$40.00 per person

United Way of Windsor 300 E. Giles Blvd., Windsor 5:30-8:30pm

Tuesdays: Jan 21, Feb 11, and Mar 10, 2020

\*\*Learners must attend all 3 classroom sessions\*\*

United Way of Windsor 300 E. Giles Blvd. Windsor 5:30-8:30pm

Thursdays: Feb 13, Mar 5, and

Apr 2, 2020

\*\*Learners must attend all 3 classroom sessions

#### \*\*HOW TO REGISTER\*\*

- Visit our website at: <a href="http://www.palliativecareswo.ca">http://www.palliativecareswo.ca</a>. Click "LEARNING INITIATIVES" and then click "Fundamentals". All courses in counties across the Southwest LHINs are displayed
- Click "Register" to complete the online form
- You will have the option to pay online in which a receipt is issued, or mail a cheque to:
  - Karla Kane
     Palliative Pain & Symptom Management Consultant Program
     Parkwood Institute, Main Building
     PO Box 5777, Station B
     London, ON N6A 4V2

### Payable to: St. Joseph's Health Care London

### **Eligibility Criteria:**

In order to participate in the Core stream of the Fundamentals program, the learner must:

- Be a health care professional OR unregulated provider caring for people with a progressive life-limiting illness OR a student OR volunteer connected with service provider agency / hospice program intending to care for people with a progressive life-limiting illness
- Have personal or organizational access to an Internet-enabled computer

- Have knowledge of basic computer programs, and using the Internet (or be willing to developing these skills)
- Be available to complete each module of the program and associated learning tasks
- Have the ability to listen, learn from others, to question self and others, and identify new approaches
- Be willing to explore personal attitudes and beliefs.

## In order to participate in the Enhanced stream of the Fundamentals program, the learner must additionally:

- Be a Nurse Practitioner (NP), Registered Nurse (RN) or Registered Practical Nurse (RPN)
- Have successfully completed the **Core stream** of the Fundamentals program.

Note: Fundamentals Enhanced is a prerequisite for the CAPCE program

### **Performance Objectives:**

#### Following the completion of the Core stream, the learner will:

- 1. Demonstrate sensitivity, understanding and respect for the individuality of the person, family and team/ caregivers
- 2. Identify and understand issues associated with illness and bereavement (domains of issues)
- 3. Effectively communicate with the person, family and team
- **4.** Recognize and report changes in any of the domains of issues associated with illness and bereavement
- **5.** Provide hospice palliative supportive care strategies
- **6.** Actively learn and develop personally and contribute as part of a team and organization
- **7.** Demonstrate sensitivity to the impact of personal attitudes, behaviours and values on the illness experience of the person, family and team/caregivers.

### Following the completion of the Fundamentals Enhanced program, the learner will:

- 1. Demonstrate an understanding of the basics of a head to toe physical assessment.
- 2. Demonstrate an understanding of the basic principles of pain management.
- **3.**Demonstrate an understanding of the pharmacokinetics of opioids used for pain management in palliative care.