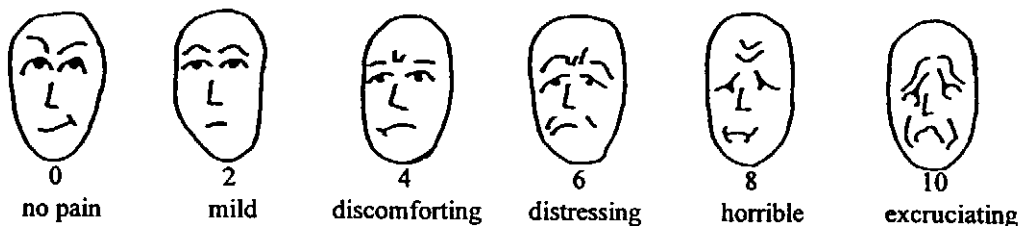


## Facial Grimace & Behaviour Checklist Flow Charts

Name: \_\_\_\_\_ Active  Resting  Time: \_\_\_\_\_



Regular pain Medication: \_\_\_\_\_ Rescue/PRN medication \_\_\_\_\_

Month: \_\_\_\_\_

<b>Date or Time</b>																			
<b>FACIAL SCORE</b>																			
10																			
8																			
6																			
4																			
2																			
0																			
<b>PRN medication</b>																			

**Facial Grimace Score** The facial grimace scale scores the level of pain (from 0-10 on the left) as assessed by the caregiver observing the facial expressions of the resident. Assessment is done once daily or more (14 days are indicated above). This assessment of the degree of discomfort should be done at the same time every day and during the same level of activity. **Note if rescue/PRN medication is given; yes (y), no (n) or dose.**

### Behaviour Checklist

10 - always      8 - mostly      6 - often    4 - occasionally    2 - rarely      0 - never

<b>Date or Time</b>																			
<b>BEHAVIOUR</b>																			
eats poorly																			
tense																			
quiet																			
indicates pain																			
calls out																			
paces																			
noisy breathing																			
sleeps poorly																			
picks																			
<b>PRN medication</b>																			

**Behaviour Checklist** Behaviour changes can be used to assess pain or distress, and thereby evaluate the efficacy of interventions. At the top of the scoring graph, when the specific behaviour has been observed, it can be rated from 10 (always) to 0 (never). The behaviours being rated and scored over 24 hours are listed down the left column. This chart scores 9 different behaviours over 14 days. The caregiver can expand on the checklist, i.e., rocking, screams, etc. **Note if rescue/PRN medication given.** Both tools may be adapted for individual use.