PeopleCare Stratford

Pain Assessment for the Cognitive Impaired

Categories	Scoring 0	1	2
Face	No particular expression or smile	Occasional grimace or frown , withdrawn disinterested, sad	Frequent to constant quivering chin, jaw clenched
Breathing	Normal	Occasional laboured breathing short periods of hyperventilation	Noisy laboured breathing, long periods of hyperventilation Cheyne strokes respirations
Activity	Lying quietly, normal position, moves easily	Squirming shifting back and forth, tense, distressed, pacing, fidgeting	Arched, rigid or jerking, fist clenched, knees pulled up , striking out, pulling or pushing away
Cry	No Cry (awake or asleep)	Moans or whimpers, occasional complaint	Crying steadily screams or sobs, frequent complaints, loud moans
Consolability	Content, relaxed	Reassured by occasional touching, hugging or being talked to, distractible	Difficult to console or comfort, distract

Date												
Shift/Time												
Face												
Breathing												
Activity												
Cry												
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Score												
PRN Given Y/N												
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