

Steps in Pain Management:

The WHO (World Health Organization) Ladder (Adapted from WHO Guidelines Handbook on Relief of Cancer Pain, Geneva 1996) is a guideline that may be used to help choose an appropriate analgesic.

Step 1 – Non-Opioid for Mild Pain

- ASA
- Acetaminophen
- NSAIDS

Step 2 – Opioid for Moderate Pain

- Codeine
- Oxycodone
- +/- adjuvant

Step 3 – Opioid for Moderate to Severe Pain

- Morphine, Hydromorphone,
- Methadone
- Oxycodone
- Transdermal Fentanyl
- +/- adjuvant