

LEAP (Learning Essential Approaches to Palliative and End-of-Life Care) is a 13-hour educational program designed to update your ability to care for people with advanced illness and high symptom burden. It is based on the Canadian Hospice Palliative Care Association Model (CHPCA 2002) and is designed to engage you in a variety of learning opportunities.

Audience: The LEAP curriculum is designed for physicians, nurses and pharmacists, across all sectors of care.

Curriculum: LEAP was developed by the Pallium Project to facilitate interprofessional collaboration and support individual and team practice change. The LEAP content includes:

- Module 1:** Creating Context
- Module 2:** GI Problems
- Module 3:** Pain Management
- Module 4:** Respiratory Problems
- Module 5:** Communication
- Module 6:** Depression, Anxiety and Suffering
- Module 7:** Grief & Bereavement
- Module 8:** Delirium
- Module 9:** Palliative Sedation
- Module 10:** Last Days & Hours
- Module 11:** Working as a Team

Delivery: LEAP is offered across Southwestern Ontario [Erie St. Clair and the South West Local Health Integration Networks (LHINS)] by the Palliative Pain and Symptom Management Consultation Program. LEAP is facilitated by local hospice palliative care experts within each local area.

Course Dates: Since January 2009, 8 LEAP courses have been delivered across southwestern Ontario. For information about upcoming courses in your area, please contact the [Palliative Pain and Symptom Management Consultation Program of Southwestern Ontario](#).